CDC Issues Recommendations on Use of New Treatment Option for Latent TB Infection

Health care providers in the United States have a new way to treat latent tuberculosis infection, according to recommendations recently released by the Centers for Disease Control and Prevention. The new recommendations, published recently in CDC's Morbidity and Mortality Weekly Report, provide guidance on how to administer a new 12-dose regimen for TB preventive therapy that will significantly shorten the course of treatment from about nine months to 12 weeks. The 12- dose regimen should be administered under DOT to ensure the completion of all doses. The recommendations are based on the results of three clinical trials, as well as expert opinion.